

April 19, 2020

Picture This...

Jeremiah 17:5-8

1. Pastor Terry spoke about H.A.L.T. (hungry, angry, lonely, and tired) feelings that can often lead us to bad habits or sin. In the past two weeks, where have you been hungry, angry, lonely and/or tired? How did you handle it? Let's be honest and vulnerable with where we were or are.
2. Read Psalm 1:1-6. As you read, follow the S.O.A.P method that Pastor Terry shared during his sermon.
 - a. Write the Scripture in your own words.
 - b. What did you observe in your reading?
 - c. How does this apply to your life?
 - d. Write out a prayer.
3. Over the next week, practice the SOAP method in your daily devotion time. If you are not currently in a daily reading plan, start with the Gospel book of John. Next week, bring at least one SOAP to share with your group. How can we as a group hold each other accountable to practice SOAP daily?